

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 11-Dec-2023

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Define Swedana, its classification and explain Shashtika Shali Pinda Sweda in detail.
2. Explain Virechana vidhi in detail.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Abhyantara Snehapana.
4. Indications of Shodhana.
5. Sweda Karmukata.
6. Chaturvidha Swedana.
7. Importance of Kosta and Agni Pareeksha in Panchakarma.
8. Explain basti yantra.
9. Basti Samyojana Vidhi.
10. Complications of Siravyadha and its management.
11. Nasya Vyapat and chikitsa.
12. Electro magneto therapy.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Write the indications and contraindications of Snehana.
14. Accha sneha.
15. **Pariharya vishaya**
16. Trividha Karma.
17. Jangama Snehas.
18. Classification of Raktamokshana.
19. Vamanopaga Dravya.
20. Madhu tailika basti.
21. Hritadosha lakshana.
22. Basti Parihara Kala.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - MARCH 2018

Time: Three Hours

Max. Marks: 100 Marks

Panchakarma (Revised Scheme 4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part – A (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Explain vamana procedure, utility of vamana karma in different diseases and karmukata of vamana karma.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Pravicharana sneha
3. Matra of shodhananga snehapana
4. Takradhara
5. Shali pinda sweda and annalepana
6. Virechana vyapada

SHORT ANSWERS

5 x 2 = 10 Marks

7. Atiyoga of swedana
8. Koshtha pareeksha
9. Samyak vamita lakshanas
10. Importance of madana phala kalpa
11. Udvaartana

Part – B (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

12. Classification and karmukata of nasya karma

SHORT ESSAYS

5 x 5 = 25 Marks

13. Shirovirechana dravyas
14. Uttara basti procedure in females
15. Pancha prasritiki basti
16. Vamana vyapada
17. Karma basti

SHORT ANSWERS

5 x 2 = 10 Marks

18. Anuvasana basti vyapada
19. Avapeedana nasya
20. Pracchanna karma
21. Infra red radiation
22. Rasa samsarjana krama

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - FEB-2019

Time: Three Hours

Max. Marks: 100 Marks

Panchakarma (Revised Scheme 4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part – A (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Define Snehana and Explain Matraanusara Sneha.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Sadhya snehana.
3. Chaturvidha sweda.
4. Benefits of shodhana.
5. Vamana Paschat Karma.
6. Takradhara.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Rasa Samsarjana.
8. Vamanopaga Dravyas and its importance.
9. Write the dosage of different Nasya.
10. Indication of Shirobasti and Shiro Pichu.
11. Complications of Swedana.

Part – B (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

12. Enumerate different types of Raktamokshana and Write the procedure of jalaukavacharana in detail.

SHORT ESSAYS

5 x 5 = 25 Marks

13. Pradhamana Nasya.
14. Samyak, Ati and Heena yoga of Anuvasana Basti.
15. Vamana Karmukata.
16. Short wave diathermy.
17. Explain about Virechana Paschat Karma.

SHORT ANSWERS

5 x 2 = 10 Marks

18. Basti Putaka Doshas.
19. Basti Pratyagamana Kaala.
20. Sramsana.
21. Nasya Vyapat.
22. Hrita Dosha Lakshana.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 24-Feb-2020

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain vamana and virechana vyapat.
2. Explain procedure and type of Raktamokshana.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Shodhananga snehapana
4. Mode of action of Svedana
5. Importance of Koshta in Agni pareeksha
6. Samyaka, Ati and Ayoga lakshana of vamana
7. Explain Jeevadaan.
8. Explain Uttara basti procedure.
9. Mode of action of Raktamokshana.
10. Yapana basti
11. Explain shortwave diathermy.
12. Contraindication of Nasya with reason

SHORT ANSWERS

10 x 3 = 30 Marks

13. Vamanopaga drugs
14. Utsadana
15. Avapeedaka sneha
16. Avagaha sveda
17. Bahudosha lakshana
18. Vaitharana basti
19. Electromagnetic therapy
20. Samyak lakshana of Jalaukavacharana
21. Explain difference between Dhumanasya and Dhumapana.
22. Dose of Niruha basti

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 22-Jul-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain Sagni sweda in detail.
2. Classification and indications of rakta mokshana and explain raktamokshana as ardha chikitsa.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Accha snehapana
4. Indications of virechana karma
5. Sadya snehana
6. Murdhini taila
7. Assessment of vamana karma
8. Utility of physiotherapy
9. Madhutailika basti
10. Samyak basti (niruha and anuvasana) lakshanas
11. Nasya vyapada
12. Pratimarsha nasya

SHORT ANSWERS

10 x 3 = 30 Marks

13. Tarpanadi krama
14. Kati basti
15. Dhumapana
16. Sadyo vamana
17. Padaghata
18. Yoga basti
19. Matra basti
20. Basti dravya dosha
21. Ultrasonic therapy
22. Management of Epistaxis and Haematemesis management

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 05-Aug-2023

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Define Svedana and explain types of Svedana.
2. Explain importance of Basti Karma.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Chathurveda Snehana.
4. Uthama Matra Snehana.
5. Procedure of Shirodhara.
6. Importance of Shodhana chikitsa.
7. Koshta Pareeksha.
8. Vamana Vyapaths.
9. Mode of action of Nasya Karma.
10. Exercise therapy.
11. Indications of Raktamokshana.
12. Madutailika Basti.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Snehana Anupana.
14. Indications of Vicharana Snehapana.
15. Ati Snigdha Lakshanas.
16. Types of Lepa.
17. Indications of Sadhyo Snehana.
18. Virechana Samyak Lakshana.
19. Rooksha Virechana.
20. Time of administration of Nasya.
21. Indications of Uttara Basti in Male.
22. Brumhana Nasya.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 23-Jul-2024

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain the importance of Panchakarma for promotion of health and prevention of diseases.
2. Write the Paribhasha of Basti, its classification and Niruha Bastidana Vidhi in detail.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Samyak Snigdha Laxanas.
4. Importance of Purvakarma.
5. Ushna Sweda.
6. Sagni Sweda.
7. Shodhanaga Snehapana.
8. Dosage of different varieties of Nasya.
9. Virechana Vidhi.
10. Vamana Karmukata.
11. Explain Jalaukavacharana Vidhi.
12. Write the varieties and importance of samsarjana krama

SHORT ANSWERS

10 x 3 = 30 Marks

13. Astamahadoshavarjyakara Bhavas.
14. Trivrit Sneha.
15. Rukshana.
16. Sramsana.
17. Drava Sweda.
18. Vibramsha.
19. Vamanopaga Dravyas.
20. Basti Putaka Doshas.
21. Dhooma Netra.
22. Nasyasana.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 17-Jun-2022

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain purva, pradhana and paschat karma of Vamana karma.
2. Explain basti pranidhana vidhi.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Indication and contraindication of Virechana
4. Snehana karmukata (mode of action)
5. Rasadi samsarjana krama
6. Define Svedana and classification of Svedana.
7. Importance of Purvakarma before Shodhana.
8. Classification of Raktamokshana
9. Explain the method of collection and preservation of Jalauka.
10. Ultrasonic therapy
11. Utility and importance of physiotherapy
12. Basti netra dosha

SHORT ANSWERS

10 x 3 = 30 Marks

13. Pariharya vishaya for Panchakarma
14. Indication of Pravicharna snehapana
15. Karnapurana
16. Avagaha sveda
17. Samyak snigdha lakshana
18. Pichha basti
19. Pratimarsha nasya
20. Nirvisha jalauka
21. Basti putaka
22. Wax bath

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 11-Mar-2025

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Classify Swedana according to different Acharyas and explain Parisheka Sweda in detail.
2. Classify Nasya and write the procedure of Marsha Nasya in detail.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Madana Phala collection and preservation.
4. Different Sneha Maatra and its indication.
5. Assessment of Vamana and Virechana.
6. Asta Mahadosha Varjyakara Bhavas.
7. Procedure and benefits of Udgharshana.
8. Explain about Vamana Virechana Vyapat.
9. Vaitarana Basti.
10. Pracchana.
11. Electromagnetic therapy.
12. Dosage of Niruha Basti as per age.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Anupana for different sneha.
14. Lakshana indicating the Doshagati in Vamana.
15. Tarpanadi krama.
16. Indications of Vicharana sneha.
17. Ati yoga of Swedana and its management.
18. Basti Netra Doshas.
19. Trivrut Kalpa.
20. Sneha Jeeryamana Lakshana.
21. Bhedana.
22. Siravyadha Samyak Lakshana.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 17-Nov-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain abhyantara snehapana in detail.
2. Explain importance of Basti as ardha chikitsa.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Murdhni taila
4. Samyak yoga, ayoga and atiyoga of svedana
5. Indications and contraindications of Vamana
6. Heena, madhyama and pravara shuddhi of virechana
7. Utility of Panchakarma
8. Explain yoga, kala and karma basti schedule with their utility.
9. Method of preparation of Niruha basti dravya
10. Contraindications for nasya
11. Utility and importance of Physiotherapy
12. Vaitarana basti

SHORT ANSWERS

10 x 3 = 30 Marks

13. Kati basti
14. Pariharya vishaya for Panchakarma
15. Shodhana according to Ritu
16. Niragni sveda
17. Talam
18. Jalaukavacharana
19. Pratimarsha nasya
20. Basti pratyagamana kala
21. Indications of Uttarabasti
22. Avapeedaka nasya

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 24-Oct-2020

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain Purva, Pradhana and Paschat Karma of Virechana therapy.
2. Explain Jalaukavacharana vidhi.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Procedure of Uttara Basti in male
4. Svedana Karmukta (mode of action)
5. Importance of Samsarjana krama
6. Indications and contraindications of Vamana
7. Shodhananga Snehapana
8. Classification of basti
9. Types of Raktamokshana
10. Nasya and its classification
11. Infrared therapy
12. Basti putaka dosha

SHORT ANSWERS

10 x 3 = 30 Marks

13. Pariharya vishaya for Panchakarma
14. Indication of Pravicharna Snehapana
15. Vamanopaga dravya
16. Niragni sveda
17. Samyak svinna lakshana
18. Vaitharan basti
19. Pradhamana nasya
20. Pracchanna
21. Basti netra
22. Wax therapy

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 12-Oct-2022

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS-4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Explain the importance of Poorvakarma prior to Shodhana.
2. Critically substantiate indications and contraindications of Virechana Karma.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Chathurveda Svedana.
4. Types of Pravacharana.
5. Types of Bahya Snehana.
6. Swedana Karmukata.
7. Importance of Koshta in Panchakarma.
8. Niruha Basti Vyapaths.
9. Mode of action of Vamana Karma.
10. Vaitharana Basti.
11. Indications and contraindications of Short Wave Diathermy
12. Pradhamana Nasya.

SHORT ANSWERS

10 x 3 = 30 Marks

13. Takradhara indications.
14. Indications of Acha Snehapana.
15. Samyak Snigdha Lakshanas.
16. Shirobasti Kala.
17. Ashta Maha Doshakara Bhavas.
18. Yuktarata Basti.
19. Icchabedi Rasa.
20. Matrabasti Indications.
21. Ayoga Lakshanas of Vamana Karma.
22. Indication of Jaloukavacharana.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - SEP-2018

Time: Three Hours

Max. Marks: 100 Marks

Panchakarma (Revised Scheme 4)

Q.P. CODE: 3025

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part – A (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

1. Define Snehana and explain Matranusara Snehana.

SHORT ESSAYS

5 x 5 = 25 Marks

2. Niragni Svedana.
3. Diet during Shodhana Poorvakarma.
4. Avagaha Svedana.
5. Importance of Svedana Karma.
6. Snehana Vyapath.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Shiropichu indications.
8. Udvartana benefits.
9. Ati yoga lakshanas of Svedana Karma.
10. Benefits of Parisheka Svedana.
11. Shodhana Phala.

Part – B (50 Marks)

LONG ESSAYS

1 x 15 = 15 Marks

12. Explain classification of Nasya Karma.

SHORT ESSAYS

5 x 5 = 25 Marks

13. Anuvasana Vyapaths.
14. Mode of action of Basti Karma.
15. Wax Bath therapy.
16. Classification of Raktamokshana.
17. Lekhana Basti.

SHORT ANSWERS

5 x 2 = 10 Marks

18. Vamana Ayoga Lakshana.
19. Types of Virechana.
20. Basti Pratyagamana Kala.
21. Benefits of Samsarjana Krama.
22. Importance of Madanaphala.

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 22-Jul-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Define Shadvidhaupakramas and discuss yogaayogya and guna of each upakramas
Or
Substantiate Basti as Ardhachikitsa

2. Define Virechana, write Virechanavyapada and its management in details

SHORT ESSAYS

10 x 5 = 50 Marks

3. Discuss the types of Dravasveda
Or
Explain IFT procedure and its clinical importance
4. Describe various types of jalouka and discuss recent updates
5. Classify Mridu, Madhyama and TeekshnaVirechakadravyas and describe their respective indications with formulations
6. Mention Kshara, Vaitarna Basti and its clinical utility in the management of autoimmune disorders
7. Define Virechana and importance of Virechana in Pakshaghata
8. Write Ashtavarjyakara bhavas and mention necessity of following them
9. Explain the indications and contraindications of Snehana
10. Write swedanayogya and ayogya
11. Write the indication of Asthanabasti and mention its classifications
12. Describe exercise, their principles and justify its efficacy with examples

SHORT ANSWERS

10 x 3 = 30 Marks

13. Write the properties and indications of ghrita and taila
14. Write Sneha yoni with examples
15. Define Anuvasanabasti and mention its types with matra
16. Write the contraindications of Asthanabasti
17. Explain sankarasweda
18. Mention Virechanakalpas of chaturangula
19. Write vamanaAtiyoga and its chikitsa
20. Write the ingredients of Mahanarayanataila
21. Explain about AvapidanaNasya
22. Indications of Infrared therapy

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 23-Jul-2024

Time: Three Hours

Max. Marks: 100

PANCHAKARMA (RS-5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Define Vamana. Write in detail about Poorva, Pradhana and Pashchat Karma of Vamana
2. Define Basti. Write the classification of Basti and explain the mode of action of Niruha Basti

SHORT ESSAYS

10 x 5 = 50 Marks

3. Write about the properties and uses of Gritha. Substantiate its superiority over other Snehas
4. Write about Patra Pinda Sweda in detail
5. Explain the different types of Samsarjana Krama
6. Write about Sadyo Sneha and its importance
7. Write the classifications of Swedana
8. Aragwadha Kalpas
9. Write about Avapeedaka Sneha
10. Explain Jalaukavacharana
11. Write the mode of action of Swedana
12. Short wave Diathermy

SHORT ANSWERS

10 x 3 = 30 Marks

13. Yuktaratha Basti
14. Nasya Vyapat
15. Shadbindu Taila
16. Vishramakala of Vamana
17. Ritu Anusara Snehana
18. Shiro Lepa
19. Rukshana
20. Importance of Stambhana
21. Uttara Basti in females
22. Exercise therapy

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 17-Jun-2022

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Write in detail about Vamana Karmukata
2. Substantiate Raktamokshana as an Ardhachikitsa

SHORT ESSAYS

10 x 5 = 50 Marks

3. Preparation and indication of Takradhara
4. Management during the Vishramakala for Vamana and Virechana
5. ErandamuladiNiruha Basti
6. Basti Vyapats and management
7. Talapothichil
8. Specifications of Panchakarma theatre and necessary equipment's
9. Ksheeradhuma
10. Jeeryamana and Jeernalakshanas of Sneha
11. Complications of Swedana and their management according to Ayurveda and Modern Medicine
12. Write the NiragniSwedas with its indications

SHORT ANSWERS

10 x 3 = 30 Marks

13. Management of SnehanaAtiyoga
14. Pravicharanasnehas
15. ShodhanangaSweda
16. Trividhashuddi of Virechana
17. Ultrasonic therapy
18. Infrared therapy
19. Importance of physiotherapy
20. Nasyavyapats and management
21. DhumaNasya
22. Maha Sneha and MahaSweda

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 11-Mar-2025

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Describe Vamana vyapats – their nidana, lakshanas and respective management
2. Mention various Sneha matra, describe Uttama, Madhyama and Avaramatra Sneha guna and prayoga in diseases

SHORT ESSAYS

10 x 5 = 50 Marks

3. Explain indications and contra indications of Raktamokshana
4. Define Upanahasweda, mention the ingredients for Vataja, Pittaja and Kaphaja clinical conditions
5. Explain Samyak, Ayoga and Atiyoga of Virechana
6. Describe indication and contra indications of Nasya karma
7. Write the nidana, lakshanas and chikitsa of snehapanaAtiyoga
8. Mention Niragnisweda and explain their clinically utility w.r.t disease condition
9. Explain bastinetravvyapats, bastiputakavyapats
10. Write the classification of anuvasanabasti with matra
11. Explain in detail Nasya procedure along with Poorva, Pradhana and Paschath Karma
12. Describe Electrotherapies, their principles and justify its efficacy with examples

SHORT ANSWERS

10 x 3 = 30 Marks

13. Write the properties and indications of taila
14. Describe dravasweda
15. Define and classify shadvidhaupakramas
16. Write the indications of pravicharana Sneha
17. Explain kupasweda
18. Mention Virechanakalpas of Danti
19. Write vamanaAtiyoga and its chikitsa
20. Write the ingredients of Ksheerabasti
21. Explain about NavanaNasya
22. **Indications of wax therapy**

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 17-Nov-2021

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Discuss the importance of Virechanakarma in Chikitsa and its utility in various diseases
2. Write about the role of Nasyakarma in chikitsa and its utility in various diseases

SHORT ESSAYS

10 x 5 = 50 Marks

3. Provide a detailed review on the types of Virechana by different Acharya
4. Write the preparation of Shashtikashalipindasveda
5. Discuss in detail the classification of sveda by charaka
6. Describe the procedure of Sodhanangasnehapana
7. Write the classification of Rakthamokshana
8. Mention the indications for Svedana
9. Discuss the types of Snehavasti
10. Write the contraindications of Niruhavasti
11. Describe the procedure of Marshanasya
12. Provide the classification of purgatives in modern medicine

SHORT ANSWERS

10 x 3 = 30 Marks

13. Dose of matravasti
14. Definition of Vamana
15. The smallest dose of snehapana
16. Svedana – Atiyoga
17. Dose of pradhamananasya
18. Infrared therapy
19. Enumerate Netradosha as per charaka
20. Yapanavasti
21. Enumerate Vamanavyapat as per charaka
22. Kukkutandasveda

Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.A.M.S Degree Examination - 12-Oct-2022

Time: Three Hours

Max. Marks: 100 Marks

PANCHAKARMA (RS 5)

Q.P. CODE: 3093

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

2 x 10 = 20 Marks

1. Write in detail about Abhyantara Snehapana
2. Write different types of Virechana and its mode of Actions

SHORT ESSAYS

10 x 5 = 50 Marks

3. Necessity and Utility of samsarjana krama
4. Method of preparation of Niruha Basti dravya
5. Write Aswinna, Atiswinna and Samyak Swinna Lakshanas
6. Nasyavidhi
7. Vamana Atiyogajanya Vyapats and its management
8. Ideal Panchakarma theater
9. Preparation of the patient day before vamana
10. Basti karmukata
11. Uttarabasti in males
12. Mention types of Murdhnitaila along with its benefits

SHORT ANSWERS

10 x 3 = 30 Marks

13. Importance of Koshta and Agni Pariksha
14. Ghreya Vamana
15. Pracchana
16. Dhoomapana
17. Wax therapy
18. Differentiate Nasya with Nasapana
19. Contra indications of Raktamokshana
20. Utility of physiotherapy
21. Samyak langhana lakshanas
22. Vaitarana Basti
