

AYURVEDA HISTORICAL EVENTS AND IMPORTANT DATES (WITH YEAR)

Year	Event / Institution / Policy
1500 BCE	Approximate period of compilation of Rigveda , first reference to medicinal herbs
1000–500 BCE	Time period of Charaka Samhita and Sushruta Samhita formation
500 CE	Compilation of Ashtanga Hridaya by Vagbhata
1907	Establishment of Ayurveda College, Banaras (BHU) by Pt. Madan Mohan Malaviya
1946	Bhore Committee recommends integration of Indian Systems of Medicine (ISM)
1947	Establishment of Department of Indian Systems of Medicine (ISM)
1951	Dravyaguna Vigyan and Rasashastra introduced in BAMS curriculum
1959	Establishment of Central Council for Research in Indian Medicine & Homoeopathy (CCRIMH)
1970	Indian Medicine Central Council (IMCC) Act passed by Parliament
1971	Establishment of Central Council of Indian Medicine (CCIM)
1978	Establishment of RAV (Rashtriya Ayurveda Vidyapeeth)
1987	First National Policy on ISM & H drafted
1995	Department of ISM & H established under Ministry of Health & Family Welfare
2003	Renaming of department to AYUSH (Ayurveda, Yoga, Unani, Siddha, Homoeopathy)
2014	Formation of Ministry of AYUSH , Government of India
2015	Launch of National AYUSH Mission (NAM)
2016	Introduction of AIAPGET (All India AYUSH Post Graduate Entrance Test)
2018	Introduction of NCISM Bill in Parliament
2021	Formation of NCISM (National Commission for Indian System of Medicine)
2021	CCIM replaced by NCISM
2023	Launch of AYUSH Grid for digital integration of AYUSH systems

SWASTHAVRITTA-RELATED NATIONAL PROGRAMS (BY GOVT. OF INDIA)

Year	Program Name	Aim / Focus Area
1950s	National Malaria Eradication Programme (NMEP)	Vector control, prevention of malaria
1975	Integrated Child Development Services (ICDS)	Nutrition and health in children and mothers
1985	Universal Immunization Programme (UIP)	Vaccination of children and pregnant women
1997	National Tuberculosis Elimination Program (NTEP)	Elimination of TB, DOTS strategy
2005	National Rural Health Mission (NRHM)	Strengthening rural health, integration of AYUSH
2013	National Urban Health Mission (NUHM)	Urban health care improvement
2014	Swasthya Rakshan Programme (AYUSH)	Awareness, Swasthavritta, prevention through Ayurveda
2014	Mission Indradhanush	Immunization of unvaccinated children
2015	National AYUSH Mission (NAM)	Infrastructure and development of AYUSH systems
2015	Yoga included in school curriculum	Promotion of Swasthavritta practices
2016	AYUSH Wellness Centers under CGHS	Integration of AYUSH in Govt. health services
2016	National De-addiction Program	Prevention of substance abuse
2018	Healthy India Mission (Swasth Bharat Abhiyan)	Lifestyle disease prevention
2019	Eat Right India Movement (FSSAI)	Nutrition education
2020	Fit India Movement	Health awareness and fitness
2020	AYUSH for Immunity Campaign	Promotion of Ayurveda during COVID-19
2021	Poshan Abhiyan (National Nutrition Mission)	Nutrition awareness and intervention
2022	WHO Global Centre for Traditional Medicine (Jamnagar)	International research on traditional medicine

AYUSH RESEARCH AND EDUCATION INSTITUTES

Institution Name	Year	Location
National Institute of Ayurveda (NIA)	1976	Jaipur, Rajasthan
Institute for Postgraduate Teaching & Research in Ayurveda (IPGT&RA)	1956	Jamnagar, Gujarat
All India Institute of Ayurveda (AIIA)	2017	Delhi
CCRAS (Central Council for Research in Ayurvedic Sciences)	1978	New Delhi (HQ)
RAV (Rashtriya Ayurveda Vidyapeeth)	1987	New Delhi
NIUM (Unani), NIS (Siddha), NIPH (Homoeopathy)	Various	National Institutes

Important Ayurveda, Yoga, and Health-Related Slogans and Taglines

Slogan / Tagline	Associated Program / Day	Remarks
"Ayurveda: The Science of Life"	General Ayurveda Slogan	Core identity of Ayurveda
"Har Din Har Ghar Ayurveda"	Ministry of AYUSH Campaign (2021 onward)	For Ayurveda Day and public awareness
"Yoga for Harmony and Peace"	International Day of Yoga (IDY) 2015	First IDY theme
"Yoga for Health"	IDY 2017	Popular among Swasthavritta-related awareness
"Yoga for Heart"	IDY 2018	Focused on heart health
"Yoga for Climate Action"	IDY 2019	Environmental relevance
"Yoga for Wellbeing"	IDY 2021	Post-COVID mental and physical recovery
"Yoga for Humanity"	IDY 2022	Celebrating global impact of Yoga
"Yoga for Vasudhaiva Kutumbakam"	IDY 2023	Yoga for One Earth, One Family, One Future
"My Health, My Right"	World Health Day 2024 (WHO Theme)	Rights-based approach to health
"One World, One Health"	Global AYUSH and WHO collaboration	Holistic approach including Ayurveda
"Swasthya Rakshan se Swasthya Vardhan tak"	Swasthya Rakshan Programme (AYUSH)	Preventive and promotive health
"Jan Andolan for TB Mukta Bharat"	National TB Elimination Program	Community participation
"Eat Right, Bite by Bite"	Eat Right India/FSSAI	Healthy eating campaign
"India Fights Dengue"	National Vector Borne Disease Control Programme	Mosquito-borne disease awareness
"Poshan Bhi, Padhai Bhi"	POSHAN Abhiyaan and School Health Programs	Nutrition and education integration
"Swasth Bharat, Samridh Bharat"	General Government Health Campaign	For building a healthy India
"Catch Them Young"	School Health Program (AYUSH)	Early lifestyle education
"Fit Hai To Hit Hai"	Fit India Movement	Fitness awareness slogan
"Nirogi Bharat Abhiyan"	Community Health Campaign	Disease prevention mission
"Kuposhan Bharat Chhodo"	POSHAN Abhiyan	Fight against malnutrition
"Ghar Ghar Ayurveda"	Ministry of AYUSH (2020–2021 COVID awareness)	Popular slogan during pandemic

Specific Days and Themes (Frequently Asked in AIAPGET)

Day	Date	Recent Themes (Important)
Ayurveda Day	Dhanvantari Jayanti (Dhanteras)	2021: Ayurveda for Poshan, 2023: Ayurveda for One Health
International Yoga Day	June 21	Themes vary yearly (see table above)
World Health Day	April 7	2024: My Health, My Right
Nutrition Week	Sept 1–7	Eat Smart, Stay Healthy
World Mental Health Day	October 10	Mental Health is a Universal Right (2023)
World Environment Day	June 5	Environment & Ayurveda (Interlinked Topics)
World Immunization Week	Last week April	Long Life for All (2022)
POSHAN Maah (Month)	September	Focus on adolescent and maternal nutrition

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