

Clinical Case Topics in Shalya Tantra (Surgical Branch)

S. No.	Clinical Condition (Vyadhi)	Description	Common Ayurvedic Management
1	Bhagna (Fractures & Dislocations)	Types: Kanda Bhagna (Closed), Chinna Bhagna (Open), etc.	Bhagna Chikitsa (Reduction, Immobilization, Bandhana, Bone-Healing Herbs)
2	Vrana (Wounds & Ulcers)	Dushta Vrana (Chronic Wound), Sadyovrana (Acute Wound)	Shodhana (Cleaning), Ropana (Healing), Jatyadi Taila, Vrana Bandhana
3	Vidradhi (Abscess)	Pakwa (Mature) & Apakwa (Immature) Abscess	Incision & Drainage (Bhedana Karma), Haridra, Nimba Churna, Ropan Taila
4	Arsha (Hemorrhoids/Piles)	Shushka (Dry) & Sravi (Bleeding) Piles	Kshara Sutra Therapy, Agni Karma, Triphala Guggulu, Haritaki Churna
5	Bhagandara (Fistula-in-ano)	Types: Shataponaka, Ushtragreeva, etc.	Kshara Sutra Therapy, Ropan Taila, Jatyadi Ghrita
6	Parikartika (Anal Fissure)	Rectal tear causing pain & bleeding	Taila Pichu, Sitz Bath, Ksheerabala Taila, Mild Virechana
7	Nadi Vrana (Sinus/Fistulous Tract)	Chronic discharging sinus	Kshara Karma, Shodhana Taila, Surgical Curettage
8	Granthi (Benign Tumors/Cysts)	Lipoma, Sebaceous Cyst, Fibroma	Raktamokshana, Shodhana Chikitsa, Lekhana Karma
9	Arbuda (Malignant Tumors/Cancers)	Sadhya & Asadhya Arbuda	Agni Karma, Kshara Application, Herbal Anti-Cancer Rasayanas
10	Dusta Pratisyaya (Chronic Sinusitis)	Persistent sinus infections with pus	Nasya, Dhumapana, Kshara Sutra for nasal polyps
11	Galaganda (Goiter/Thyroid Swelling)	Hypo/Hyperthyroidism as per Ayurveda	Kanchanara Guggulu, Pranayama, Lekhana Therapy
12	Shlipada (Filariasis)	Chronic lymphatic obstruction & swelling	Raktamokshana, Shodhana Chikitsa, Tikta Ghrita
13	Mamsa Arbuda (Soft Tissue Tumors)	Abnormal muscular growths	Kshara Karma, Shastra Karma, Tikta Rasayana

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14	Nasa Roga (Nasal Disorders - Polyp, Deviated Septum)	Nasal obstruction & breathing difficulty	Nasya Therapy, Agni Karma, Shodhana Chikitsa
15	Akshepaka (Tetanus/Wound-Induced Spasms)	Infection-related muscle spasms	Vrana Shodhana, Raktamokshana, Tikta Dravya
16	Siraja Granthi (Varicose Veins)	Dilated, painful veins	Raktamokshana, Jalaukavacharana (Leech Therapy), Abhyanga
17	Shira Shoola (Migraine/Surgical Causes of Headache)	Chronic vascular headaches	Shirodhara, Nasya, Agni Karma
18	Danta Roga (Dental Disorders - Pyorrhea, Cavities)	Periodontal diseases	Gandusha (Oil Pulling), Kavala, Agni Karma
19	Mukha Roga (Oral Ulcers & Cancerous Lesions)	Mouth ulcers, leukoplakia	Kavala, Pratisarana, Kshara Karma
20	Udararoga (Hernia - Inguinal, Umbilical, Hiatal)	Protrusion of organs through weak abdominal wall	Abhyantara Shamana, Kshara Sutra, Surgical Correction
21	Ashmari (Urinary Calculi/Kidney Stones)	Mutrashmari (Renal Calculi)	Basti Chikitsa, Mutrala Herbs (Pashanabheda, Gokshura)
22	Mutraghata (Urinary Retention/Obstruction)	Enlarged prostate, Stricture	Uttara Basti, Mutrala Therapy, Surgical Drainage
23	Vata Rakta (Gout & Surgical Arthritis Cases)	Swelling & joint pain with rakta dushti	Raktamokshana, Jalaukavacharana, Guduchi
24	Karna Roga (Ear Disorders - Abscess, Deafness, Tinnitus)	Karna Srava (Discharge), Karna Nada (Tinnitus)	Karnapoorana, Nasya, Jaloukavacharana
25	Akshi Roga (Eye Diseases - Cataract, Conjunctivitis, Glaucoma)	Chronic or degenerative eye diseases	Seka (Eyewash), Anjana (Collyrium), Tarpana
26	Vrana Daurgandhya (Chronic Non-Healing Wounds with Foul Smell)	Gangrenous or infected wounds	Vrana Shodhana, Jatyadi Taila, Agni Karma
27	Vrana Sanghat (Complicated Wound Healing - Keloids, Hypertrophic Scar)	Excessive scar tissue	Lekhana Karma, Agni Karma, Haridra Malahara

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28	Daha Vrana (Burn Injuries & Ulcers)	1st, 2nd, & 3rd-degree burns	Madhu Ghrita Lepana, Shata Dhauta Ghrita
29	Swarabheda (Hoarseness due to Laryngeal Issues)	Voice changes due to surgical conditions	Yashtimadhu Churna, Nasya, Steam Therapy
30	Agnikarma Adverse Reactions (Post-Agni Karma Complications)	Excessive burn injuries due to Agni Karma	Cooling Dravyas (Shatadhauta Ghrita), Aloe Vera