

## Kayachikitsa Clinical Topics for BAMS Final Year

Category	Topics
<b>Jwara (Fever Disorders)</b>	Types of Jwara, Sannipata Jwara, Vishama Jwara, Management of viral & bacterial fevers, Ayurveda approach to Malaria, Typhoid, Dengue
<b>Raktapitta (Bleeding Disorders)</b>	Urdhwaga, Adhoga & Madhyama Raktapitta, Pathophysiology, Role of Sheetala & Stambhana Chikitsa
<b>Prameha (Diabetes &amp; Metabolic Disorders)</b>	Classification, Madhumeha & its complications, Role of Medhya Rasayana & Pathya-Apathya
<b>Kushtha (Skin Diseases &amp; Autoimmune Disorders)</b>	Classification (Mahakushtha & Kshudrakushtha), Management of Psoriasis, Eczema, Leprosy, Autoimmune skin diseases
<b>Udara Roga (Abdominal Disorders)</b>	Types (Jatharagni-Mandya, Yakrit-Pliha Vikar, Ascites), Ayurvedic hepatology, Liver cirrhosis, Ayurvedic treatment of Fatty Liver Disease
<b>Grahani Roga (IBS &amp; Digestive Disorders)</b>	Types, Causes, Role of Deepana-Pachana, Pathya-Apathya, Ayurvedic approach to Crohn's disease
<b>Amlapitta &amp; Parinama Shoola (Gastric Disorders)</b>	Hyperacidity, GERD, Ulcers, Gastritis, Role of Shankha Bhasma, Ayurveda management
<b>Atisara &amp; Pravahika (Diarrhea &amp; Dysentery)</b>	Infectious & Non-infectious diarrhea, Ayurvedic management of Chronic IBS-D, Dysentery
<b>Arsha (Hemorrhoids &amp; Anorectal Disorders)</b>	Dry & Bleeding Piles, Role of Kshara Sutra, Agnikarma, Dietary modifications
<b>Gulma (Abdominal Tumors, IBS &amp; PCOS)</b>	Types, Causes, Ayurveda-based diagnosis & treatment, Role of Vata-Anulomana
<b>Shwasa &amp; Kasa (Respiratory Disorders)</b>	Bronchial Asthma, Chronic Cough, COPD, Tuberculosis, Allergic rhinitis, Ayurvedic herbs for respiratory care
<b>Rajayakshma (Tuberculosis &amp; Chronic Wasting Disorders)</b>	Ayurveda approach to Tuberculosis, Role of Rasayana therapy, Immunomodulatory herbs

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<b>Hridroga (Cardiac Disorders)</b>	Vataja, Pittaja, Kaphaja, Kshaya Hridroga, Ayurvedic approach to Hypertension, Ischemic Heart Disease (IHD)
<b>Panduroga &amp; Kamala (Anemia &amp; Jaundice)</b>	Ayurveda approach to Iron Deficiency Anemia, Hepatitis, Role of Lohasava, Mandura Bhasma
<b>Vatavyadhi (Neurological &amp; Joint Disorders)</b>	Gridhrasi (Sciatica), Sandhivata (Osteoarthritis), Pakshaghata (Stroke/Paralysis), Avarana Vata, Cervical & Lumbar Spondylosis
<b>Vatarakta (Gout &amp; Autoimmune Arthritis)</b>	Pathophysiology, Role of Langhana, Snehana, Basti, Ayurvedic approach to Rheumatoid Arthritis
<b>Unmada &amp; Apasmara (Psychiatric &amp; Neurological Disorders)</b>	Ayurvedic management of Schizophrenia, Epilepsy, Anxiety, Depression, Dementia
<b>Shotha (Edema &amp; Inflammatory Disorders)</b>	Types (Vataja, Pittaja, Kaphaja), Causes, Treatment with Ayurveda, Management of Nephrotic Syndrome
<b>Kshaya Roga (Wasting Disorders &amp; Malnutrition)</b>	Role of Rasayana therapy, Ayurvedic management of Malnutrition, Chronic Fatigue Syndrome
<b>Mutraghata &amp; Mutrakrichra (Urinary Disorders)</b>	Urinary retention, BPH, Nephritis, Ayurvedic treatment for Kidney Stones
<b>Shotha &amp; Vidradhi (Swelling &amp; Abscesses)</b>	Different types of Shotha, Role of Upanaha, Raktamokshana, Management of Carbuncles & Boils
<b>Agnimandya (Digestive Weakness &amp; Metabolic Disorders)</b>	Causes, Symptoms, Deepana-Pachana therapy, Ayurvedic treatment of Hypothyroidism
<b>Vishajanya Vikara (Poisoning &amp; Toxicology)</b>	Sthavara & Jangama Visha, Management of Snake Bite, Food & Drug Poisoning, Ayurveda role in heavy metal detox
<b>Pandu Roga (Anemia &amp; Related Disorders)</b>	Nutritional anemia, Sickle Cell Anemia, Ayurvedic diet & herbal remedies

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<b>Jara &amp; Rasayana (Geriatrics &amp; Rejuvenation Therapy)</b>	Aging process in Ayurveda, Role of Rasayana & Medhya therapy, Management of Dementia, Parkinson's, Alzheimer's
<b>Vrana (Wound Healing &amp; Ulcers)</b>	Sadyovrana (Acute), Dushta Vrana (Chronic), Role of Vranaropaka & Vrana Shodhana therapy
<b>Panchakarma in Kayachikitsa</b>	Role of Vamana, Virechana, Basti, Nasya, Raktamokshana in systemic disorders
<b>Sandhivata &amp; Aamavata (Arthritis Disorders)</b>	Ayurveda management of Osteoarthritis, Rheumatoid Arthritis, Ayurvedic approach to Fibromyalgia
<b>Dhatugata Roga (Metabolic Disorders &amp; Autoimmune Diseases)</b>	Role of Dhatu Dushti in systemic diseases, Ayurveda approach to Lupus, Multiple Sclerosis
<b>Kampa Vata (Neurodegenerative Disorders)</b>	Ayurveda approach to Parkinson's, Essential Tremors, Role of Abhyanga & Nasya
<b>Shleepada (Filariasis &amp; Lymphatic Disorders)</b>	Ayurvedic treatment for Lymphedema, Role of Tikshna Snehana, Raktamokshana
<b>Udavarta (Functional Disorders due to Vata Imbalance)</b>	Ayurvedic management of GERD, IBS, Functional Dyspepsia
<b>Krimi Roga (Parasitic &amp; Fungal Infections)</b>	Intestinal parasites, Fungal infections, Skin & Scalp infections, Ayurveda deworming therapies
<b>Bhutavidya (Psychosomatic Disorders &amp; Mental Health)</b>	Role of Ayurveda in Depression, Anxiety, OCD, Insomnia
<b>Streeroga &amp; Vandhyatva (Gynecological Disorders &amp; Infertility)</b>	PCOS, Endometriosis, Amenorrhea, Ayurveda approach to Female & Male Infertility
<b>Medoroga (Obesity &amp; Lipid Disorders)</b>	Ayurveda approach to Weight Loss, Hyperlipidemia, Metabolic Syndrome
<b>Yakrit Vikara (Liver Disorders)</b>	Fatty Liver Disease, Hepatitis, Cirrhosis, Role of Bhumyamalaki, Punarnava
<b>Udak Vaha Srotas Vikara (Kidney &amp; Fluid Disorders)</b>	Ayurveda management of CKD, Nephritis, Role of Mutrala herbs

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<b>Ksheera Dushti (Breastfeeding Disorders)</b>	Ayurveda approach to Lactation problems, Galactogogues, Mastitis
<b>Garbhini Vyadhi (Pregnancy Disorders)</b>	Ayurveda management of Hyperemesis, Preeclampsia, Gestational Diabetes
<b>Nidra Vikara (Sleep Disorders &amp; Insomnia)</b>	Ayurveda treatment of Insomnia, Sleep Apnea, Role of Brahmi, Ashwagandha
<b>Shukra Dushti (Male Infertility &amp; Sexual Disorders)</b>	Ayurveda management of Erectile Dysfunction, Low Sperm Count, Vajikarana Therapy
<b>Arbuda &amp; Granthi (Tumors &amp; Cancer Management)</b>	Ayurveda role in Cancer Treatment, Role of Rasayana & Vranaropaka herbs