

## Medicines in Shalaky Tantra

Category	Common Medicines	Uses	Key Ingredients
Netra Roga (Eye Disorders)	1. Triphala Ghrita 2. Saptamrita Lauha 3. Punarnavadi Ghrita 4. Chakshushya Rasayana 5. Aschotana Dravyas	- Improves vision - Treats dry eyes - Reduces conjunctivitis - Helps in cataracts - Relieves eye strain	Triphala, Haritaki, Amalaki, Bibhitaki, Ghee, Punarnava, Yashtimadhu
Karna Roga (Ear Disorders)	1. Anu Taila 2. Bilwadi Taila 3. Dashamoola Taila 4. Kshara Taila	- Treats ear pain - Reduces tinnitus - Manages infections - Relieves ear blockage	Sesame oil base, Bilwa, Agnimantha, Dashamoola, Kshara
Nasa Roga (Nasal Disorders)	1. Anu Taila 2. Shadbindu Taila 3. Panchendriya Vardhan Taila 4. Marichadi Nasya	- Manages sinusitis - Treats nasal congestion - Helps in anosmia (loss of smell) - Treats allergic rhinitis	Sesame oil, Shadbindu herbs (Brahmi, Shankhapushpi, Vacha, Vidanga, Pippali), Black pepper
Mukha Roga (Oral Disorders)	1. Khadiradi Vati 2. Lavangadi Vati 3. Irimedadi Taila 4. Triphala Churna	- Treats oral ulcers - Manages halitosis - Improves oral hygiene - Helps in gum bleeding	Khadira, Lavanga, Camphor, Triphala, Yashtimadhu, Ghee
Kantha Roga (Throat Disorders)	1. Yashtimadhu Churna 2. Sitopaladi Churna	- Treats sore throat - Manages hoarseness	Yashtimadhu, Vamshalochana, Sitopala (sugar), Talisa patra, Ginger

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	3. Talisadi Churna 4. Dashamoola Kwath	- Reduces throat irritation - Relieves tonsillitis	
Shiro Roga (Head Disorders)	1. Pathyadi Kwath 2. Shirashooladi Vajra Ras 3. Brahmi Ghrita 4. Ashwagandha Rasayana	- Treats headaches (migraine, sinus) - Improves memory - Reduces stress - Manages vertigo	Pathya (Haritaki), Brahmi, Ashwagandha, Yashtimadhu, Dashamoola
Danta Roga (Dental Disorders)	1. Dashana Samskara Churna 2. Karpuradi Taila 3. Triphala Kashaya	- Treats toothache - Manages dental caries - Improves gum strength	Triphala, Camphor, Haritaki, Bibhitaki, Amalaki
Keshya Roga (Hair Disorders)	1. Bhringraj Taila 2. Neelibhringadi Taila 3. Triphala Churna	- Reduces hair fall - Promotes hair growth - Treats scalp infections	Bhringraj, Neeli, Triphala, Amalaki, Sesame oil base
Twak Roga (Skin Disorders)	1. Nimba Taila 2. Panchatikta Ghrita 3. Aragwadhadi Kwath	- Treats skin infections - Manages acne and eczema - Relieves pruritus (itching)	Neem, Aragwadha, Tikta dravyas (bitter herbs), Ghrita base

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