## APTA Ayurveda - Demo AYUSH NEXT Exam Paper

Mode: Computer Based Test (CBT)

Total Questions: 120 Total Marks: 480 Time: 180 Minutes

Marking Scheme: +4 for correct, -1 for wrong, 0 for unattempted.



# Section A – Ayurveda Core Subjects (50 Questions – 200 Marks)

Q1. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q2. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q3. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q4. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q5. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q6. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q7. In Ayurveda, 'Ardita' is comparable to which modern condition?
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b) Migraine
c) Hemiplegia
d) Parkinsonism
Q8. Shodhana therapy in Vata vyadhi is mainly achieved by:
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c) Basti
d) Nasya
Q9. In Charaka Samhita, which sthana describes the concept of Rasayana?
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b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q10. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
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c) Haritaki
d) Shunthi
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d) Nasya
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c) Chikitsa Sthana
d) Siddhi Sthana

Q14. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
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c) Haritaki
d) Shunthi
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c) Hemiplegia
d) Parkinsonism
Q16. Shodhana therapy in Vata vyadhi is mainly achieved by:
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c) Basti
d) Nasya
Q17. In Charaka Samhita, which sthana describes the concept of Rasayana?
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b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q18. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
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c) Haritaki
d) Shunthi
Q19. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q20. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana

c) Basti
d) Nasya
Q21. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q22. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q23. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q24. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q25. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q26. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q27. In Ayurveda, 'Ardita' is comparable to which modern condition?

a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q28. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q29. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q30. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q31. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q32. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q33. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana

d) Siddhi Sthana
Q34. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q35. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q36. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q37. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q38. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q39. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q40. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana

b) Virechana
c) Basti
d) Nasya
Q41. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q42. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
Q43. In Ayurveda, 'Ardita' is comparable to which modern condition?
a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q44. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q45. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q46. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi

a) Bell 's Palsy
b) Migraine
c) Hemiplegia
d) Parkinsonism
Q48. Shodhana therapy in Vata vyadhi is mainly achieved by:
a) Vamana
b) Virechana
c) Basti
d) Nasya
Q49. In Charaka Samhita, which sthana describes the concept of Rasayana?
a) Sutra Sthana
b) Sharira Sthana
c) Chikitsa Sthana
d) Siddhi Sthana
Q50. Which among the following dravyas is tikta rasa pradhana and used in jwara chikitsa?
a) Guduchi
b) Amalaki
c) Haritaki
d) Shunthi
d) Shunthi

Q47. In Ayurveda, 'Ardita' is comparable to which modern condition?

### Section B – Modern Medicine (40 Questions – 160 Marks)

Q51. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?

- a) Left anterior descending artery
- b) Left circumflex artery
- c) Right coronary artery
- d) Posterior descending artery

Q52. The drug of choice in generalized tonic-clonic seizures is:

- a) Valproic acid
- b) Diazepam
- c) Phenytoin
- d) Carbamazepine

Q53. Mantoux test is based on which type of hypersensitivity?

- a) Type I
- b) Type II
- c) Type III
- d) Type IV

Q54. Which vitamin deficiency causes Wernicke 's encephalopathy?

- a) Vitamin B1
- b) Vitamin B6
- c) Vitamin B12
- d) Vitamin B2

Q55. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?

- a) Left anterior descending artery
- b) Left circumflex artery
- c) Right coronary artery
- d) Posterior descending artery

Q56. The drug of choice in generalized tonic-clonic seizures is:

- a) Valproic acid
- b) Diazepam
- c) Phenytoin
- d) Carbamazepine

Q57. Mantoux test is based on which type of hypersensitivity?

a) Type I
b) Type II
c) Type III
d) Type IV
Q58. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12
d) Vitamin B2
Q59. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?
a) Left anterior descending artery
b) Left circumflex artery
c) Right coronary artery
d) Posterior descending artery
Q60. The drug of choice in generalized tonic-clonic seizures is:
a) Valproic acid
b) Diazepam
c) Phenytoin
d) Carbamazepine
Q61. Mantoux test is based on which type of hypersensitivity?
a) Type I
b) Type II
c) Type III
d) Type IV
Q62. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12
d) Vitamin B2
Q63. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?
a) Left anterior descending artery
b) Left circumflex artery

c) Right coronary artery
d) Posterior descending artery
Q64. The drug of choice in generalized tonic-clonic seizures is:
a) Valproic acid
b) Diazepam
c) Phenytoin
d) Carbamazepine
Q65. Mantoux test is based on which type of hypersensitivity?
a) Type I
b) Type II
c) Type III
d) Type IV
Q66. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12
d) Vitamin B2
Q67. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?
a) Left anterior descending artery
b) Left circumflex artery
c) Right coronary artery
d) Posterior descending artery
Q68. The drug of choice in generalized tonic-clonic seizures is:
a) Valproic acid
b) Diazepam
c) Phenytoin
d) Carbamazepine
Q69. Mantoux test is based on which type of hypersensitivity?
a) Type I
b) Type II
c) Type III
d) Type IV

Q70. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12
d) Vitamin B2
Q71. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?
a) Left anterior descending artery
b) Left circumflex artery
c) Right coronary artery
d) Posterior descending artery
Q72. The drug of choice in generalized tonic-clonic seizures is:
a) Valproic acid
b) Diazepam
c) Phenytoin
d) Carbamazepine
Q73. Mantoux test is based on which type of hypersensitivity?
a) Type I
b) Type II
c) Type III
d) Type IV
Q74. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12
d) Vitamin B2
Q75. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?
a) Left anterior descending artery
b) Left circumflex artery
c) Right coronary artery
d) Posterior descending artery
Q76. The drug of choice in generalized tonic-clonic seizures is:
a) Valproic acid

b) Diazepam
c) Phenytoin
d) Carbamazepine
Q77. Mantoux test is based on which type of hypersensitivity?
a) Type I
b) Type II
c) Type III
d) Type IV
Q78. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12
d) Vitamin B2
Q79. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Which coronary artery is most likely blocked?
a) Left anterior descending artery
b) Left circumflex artery
c) Right coronary artery
d) Posterior descending artery
Q80. The drug of choice in generalized tonic-clonic seizures is:
a) Valproic acid
b) Diazepam
c) Phenytoin
d) Carbamazepine
Q81. Mantoux test is based on which type of hypersensitivity?
a) Type I
b) Type II
c) Type III
d) Type IV
Q82. Which vitamin deficiency causes Wernicke 's encephalopathy?
a) Vitamin B1
b) Vitamin B6
c) Vitamin B12

d) Vitamin B2	
Q83. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Wh coronary artery is most likely blocked?	ıich
a) Left anterior descending artery	
b) Left circumflex artery	
c) Right coronary artery	
d) Posterior descending artery	
Q84. The drug of choice in generalized tonic-clonic seizures is:	
a) Valproic acid	
b) Diazepam	
c) Phenytoin	
d) Carbamazepine	
Q85. Mantoux test is based on which type of hypersensitivity?	
a) Type I	
b) Type II	
c) Type III	
d) Type IV	
Q86. Which vitamin deficiency causes Wernicke 's encephalopathy?	
a) Vitamin B1	
b) Vitamin B6	
c) Vitamin B12	
d) Vitamin B2	
Q87. A 45-year-old patient presents with chest pain radiating to the left arm. ECG shows ST elevation in II, III, aVF. Wh coronary artery is most likely blocked?	iich
a) Left anterior descending artery	
b) Left circumflex artery	
c) Right coronary artery	
d) Posterior descending artery	
Q88. The drug of choice in generalized tonic-clonic seizures is:	
a) Valproic acid	
b) Diazepam	
c) Phenytoin	
d) Carbamazepine	

Q89. Mantoux test is based on which type of hypersensitivity?

- a) Type I
- b) Type II
- c) Type III
- d) Type IV

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## Section C – Applied & Clinical Case-Based (30 Questions – 120 Marks)

( o discussion )
Q91. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q92. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis
Q93. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:
a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia
Q94. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q95. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q96. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis

Q97. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:

c) Diphtheria

d) Acute tonsillitis

a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia
Q98. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q99. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q100. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis
Q101. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:
a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia
Q102. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q103. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline

c) Octreotide
d) Levothyroxine
Q104. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis
Q105. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:
a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia
Q106. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q107. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q108. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis
Q109. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:
a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia

Q110. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q111. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q112. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis
Q113. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:
a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia
Q114. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q115. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q116. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis

b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis
Q117. In Ayurveda, Pandu roga with severe fatigue, pallor, edema may be compared with:
a) Iron deficiency anemia
b) Vitamin B12 deficiency
c) Hemophilia
d) Leukemia
Q118. Which Panchakarma therapy is best indicated in psoriasis?
a) Vamana
b) Virechana
c) Basti
d) Raktamokshana
Q119. A 30-year-old woman presents with amenorrhea, galactorrhea, headache. MRI shows pituitary adenoma. Best initial treatment?
a) Bromocriptine
b) Cabergoline
c) Octreotide
d) Levothyroxine
Q120. A 10-year-old boy has fever, bull neck, grayish-white membrane over tonsils. Most likely diagnosis is:
a) Streptococcal pharyngitis
b) Infectious mononucleosis
c) Diphtheria
d) Acute tonsillitis

# Answer Key

Q1: a

Q2: b

Q3: c

Q4: d

Q5: a

Q6: b

Q7: c

Q8: d

Q9: a

Q10: b

Q11: c

Q12: d

Q13: a

Q14: b

Q15: c

Q16: d

Q17: a

Q18: b

Q19: c

Q20: d

Q21: a

Q22: b

Q23: c

Q24: d

Q25: a

Q26: b

Q27: c

Q28: d

Q29: a

Q30: b

Q31: c

Q32: d

Q33: a

Q34: b

Q35: c

Q36: d

Q37: a

Q38: b

Q39: c

Q40: d

Q41: a

Q42: b

Q43: c

Q44: d

Q45: a

Q46: b

Q47: c

Q48: d

Q49: a

Q50: b

Q51: c

Q52: d

Q53: a

Q54: b

Q55: c

Q56: d

Q57: a

Q58: b

Q59: c

Q60: d

Q61: a

Q62: b

Q63: c

Q64: d

Q65: a

Q66: b

Q67: c

Q68: d

Q69: a

Q70: b

Q71: c

Q72: d

Q73: a

Q74: b

Q75: c

Q76: d

Q77: a

Q78: b

Q79: c

Q80: d

Q81: a

Q82: b

Q83: c

Q84: d

Q85: a

Q86: b

Q87: c

Q88: d

Q89: a

Q90: b

Q91: c

Q92: d

Q93: a

Q94: b

Q95: c

Q96: d

Q97: a

Q98: b

Q99: c

Q100: d

Q101: a

Q102: b

Q103: c

Q104: d

Q105: a

Q106: b

Q107: c

Q108: d

Q109: a

Q110: b

Q111: c Q112: d

Q113: a

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Q114: b

Q115: c

Q116: d

Q117: a

Q118: b

Q119: c

Q120: d