## About the Institute

The National Institute of Health and Famil Welfare (NIHFW) is a premier autonomous institute under the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health human resource development in the country. NIHFW serves as an apex 'Technical Institute' as well as a think tank to promote health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialized projects, etc.



#### **Course Coordinating Team**

Course coordinator : Dr. Sarita Gautam Course co-coordinators : Prof. Meerambika Mahapatro Prof. Rajesh Kumar Course Associates : Mrs. Rita Rani Mrs. Sangeeta Mishra

## **Venue of Training**

Teaching Block , NIHFW

## **Course fee**

A course fee of Rs. 5000/- for each participant, to be borne by sponsoring states/organization/Participants through online transaction/DD payable to Director, NIHFW. The bank details are as follows: Name of Beneficiary:Director, NIHFW, Bank Name: SBI, NIHFW, Munirka, New Delhi , Account No.: 10932790787, Branch code: 01624, IFSC Code: SBIN0001624, MICR Code No.: 110002056

TA/DA/other expenses have to be borne by the participant/sponsoring organization.

#### Accommodation

Boarding and lodging facilities at applicable rates may be provided to the participants only, within the Institute's Campus. Accommodation facility to the participants will be provided on prior request .The institute will provide working lunch during the training period. Hostel email: hostel@nihfw.org and reception phone number : 011-26165959, 26166441-ext-15

Last Date of Receiving Nomination 17th March, 2025 Registration Link: https://forms.gle/A8j9yHuAmEQaMSwC8 (Participants are requested to make their travel plans on receipt of confirmation from NIHFW)

Further correspondence to be addressed to: Dr. Sarita Gautam, Course Coordinator & Assistant Professor Department of Social Sciences, NIHFW saritagautam@nihfw.org Phones:26165959/26166441/26185696/2610773 , Ext.:384 Institute's Website: www.nihfw.org Training Course on Patient Care Management & Welfare For Medical Social Workers and Counselors

# 24<sup>th</sup> 28<sup>th</sup> March 2025



Department of Social Sciences The National Institute of Health and Family Welfare Munirka , New Delhi, 110067

#### Introduction

Social worker and counselors are members of health care team who create a network among the doctor, patient, family and the community. They are working in health sector deals with psycho –social elements related with patients' health conditions and community health issues. The social aspects of illness are recognized in ways which fostered team work in patient care.

The role of social workers and counselors in health sector includes interdepartmental coordination, multidisciplinary teamwork, management of financial assistance, counseling and emotional support to the patient and his/her family members. They also help patients and their families to understand the illness and available treatment options, as well as the consequences of various treatments. Social worker and counselor assist in rehabilitation, psychosocial and economic assessment of patient, coordinate patient discharge and continuity of health care planning. Health promotion activities, community education, and referral to community resources are also part of their duties.

Social workers and counselors have active involvement and participation in global and national health challenges like natural disaster, epidemic and pandemic. They help to solve social problems in patients and their families to ensure their better health as well as well-being to enhance the patient satisfaction. In response to these evolving health priorities NIHFW is organizing a training programme for social workers to develop their knowledge and skills to execute their role and meet the changing demands of health care delivery system in India and achieve the goals of National Health Mission.

## **General Objective**

To enhance the knowledge and skills of Medical Social Workers and Counselors regarding the patient care management and welfare .

#### Specific Objectives

At the end of training the trainees will be able to:

- Discuss the steps and process of Social diagnosis of patient and their family
- Explain the Health promotion at individual and community level
- Demonstrate effective Interpersonal Communication skills to deal with the patients
- Describe and demonstrate process and skills of Counselling for the patients.
- Discuss the process of arranging financial support to patient from government and non- government organizations
- Recall the protocol and process of welfare of patients and welfare schemes of Government for patients
- Discuss the process of facilitating Rehabilitation for disabled, destitute and orphan patients and Handling medico-legal Cases

• Demonstrate the steps of conflict Management

#### **Course Contents**

- Social diagnosis of patient and their family
- Health promotion
- Interpersonal Communication skills
- Counseling process and skills.
- Arranging financial support to patient from government and non- government organizations
- Welfare of patients and welfare schemes of Government for patients
- Handling Medico-Legal Cases
- Social services in the situation of disaster/epidemic/ pandemic

# Methodology

Lecture & Discussions, Group work/ Exercises/Presentation, Interactive sessions

# Nature of Participants

Medical Social workers and counselors working in public or private health care system and Medical Colleges / Institutes.

# How to Apply

Apply through registration link https://forms.gle/A8j9yHuAmEQaMSwC8 or Send email to course coordinator along with particulars of candidate