



ABOUT THE INSTITUTE

The National Institute of Health & Family Welfare is a premier autonomous Institute, funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health manpower development in the country.

NIHFW serves as an apex 'technical institute' as well as a 'think tank' to promote national health and family welfare programmes in the country through education and training, research and evaluation, consultancy & advisory services, specialized projects, etc.

With rapid expansion of health services, the greatest challenge faced by the health care delivery system in our country today is provision of quality health care services in the hospital and community. In order to provide quality health care, it is mandatory that the nurses have an administrative and management knowledge and skill. These are essential for ensuring good working condition and smooth day to day operations in the health care environment.

TRAINING COORDINATING TEAM

Training Coordinator: **Prof. Nanthini Subbiah**
 Training Co-coordinators: **Dr. Sneha Mishra**
Dr. Vaishali Jaiswal

LAST DATE FOR SENDING NOMINATION

31st August, 2025

Click Here For Registration Form

https://docs.google.com/forms/d/1qGJB4_C-hbNrYpU-FtSrQRq99fKz3ooRSGrUISKmEc4/edit?pli=1

COURSE FEE

There is a course fee of Rs.5000/- per participant which can be paid through online. The bank details for online payment is as follow:

Name of the Beneficiary : Director, NIHFW, New Delhi
Bank Name & Branch : SBI, NIHFW, Munirka, New Delhi
Account No. : 43901234540
IFSC Code No. : SBIN0001624
Type : Saving Account
MICR Code no. : 110002429

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Training Course On Leadership for Nursing and Midwifery Professionals

15th -19th September, 2025



आरोग्यं सुखसम्पदम्

Department of CHA

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INTRODUCTION

Nursing is a challenging and rewarding career in the health care profession. The nursing service in India has expanded considerably since independence. Along with expansion, diversification of nursing services in medical care field has taken place. In the advanced framework of National Health services, new dimensions are getting added to the already expanded role of nursing personnel. With changing health profiles of individuals and that of the country, nurses have a greater role in taking care of high risk and vulnerable groups.

At all levels of health care delivery system, nurses play an important role in effective management of health care services and provision of holistic health care. With the recent emphasis and priority set by the Government of India for improving the quality of health services provided, the nursing professionals have a major responsibility. It is mandatory for them to have Leadership skills for ensuring good working condition, smooth day to day operations and overall improvement in the health care delivery.

GENERAL OBJECTIVE

To strengthen the leadership competencies among Nursing and Midwifery Professionals and develop them as practitioners, advocates and influential leaders in healthcare.

SPECIFIC OBJECTIVE

At the end of the training course the participants will be able to.

- To enhance the Leadership competencies among Nursing and Midwifery professionals to move beyond their current level of achievement.
- To develop strategies for becoming a change agent for successful implementation of health sector reforms.
- To describe an action plan for developing and applying the Leadership Skills for maximizing the potential of the available human power in the health sector.

COURSE CONTENT

- Importance of Leadership in Nursing and Midwifery
- Developing Leadership styles and skills
- Building Interpersonal Communication Skills and Coaching & Counseling Skills
- Developing Self-Awareness and Building Emotional Intelligence
- Conflict Management
- Team building
- Transactional analysis for identifying Managerial Styles
- Motivation for action and building positive work Culture
- Decision Making in high pressure situations Managing Stress and Burnout at Workplace
- Gender and Organizational Perspective in Nursing and Midwifery
- Building partnership, Collaboration and Resource Mobilization
- Role of nurse leader in quality health care services.
- Becoming a change agent for promoting Nursing and Midwifery

METHODOLOGY

Participatory approach will be adopted throughout the workshop by utilizing following teaching methods:

- Lecture cum Discussion
- Role Play
- Case Study
- Lecture cum Discussion
- Role Play
- Case Study
- Group Discussion
- Field Visit
- Self-Analysis by participants about their styles & behavior
- Participant's presentations

DURATION

5 Days (15th – 19th September, 2025)

WORKSHOP FEE

There will be a workshop fee of
Rs. 5000/- per participant
need to be paid through online banking

NATURE OF PARTICIPANTS

Senior Nursing and Midwifery Professionals comprising of Joint/Deputy/Asst. Director of Nursing from the State Directorate of Health and Family Welfare/Nursing Superintendent /Dy. Nsg. Suptd/Asst. Nsg. Suptd from various Hospitals/Nurse Educators from various Educational Institutions of Nursing and Midwifery./Nursing and Midwifery Professionals from Public Health Institutions.

WORKSHOP OUTCOME

To enhance the leadership competencies of Nursing and Midwifery practitioners and build their skills as practitioners, advocates and influential leaders in healthcare for bringing about systemic changes.

