



Rashtriya Ayurveda Vidyapeeth is organising

CHARAKAYATAN

(6 Days complete residential training program)

Date: 17th – 22nd Nov 2025
Venue: S.D.M College Of Ayurveda, Udupi (Karnataka)
Swadhyay/Adhyapan: Charak Samhita
Last Date of registration : 12th October 2025

About the Institute

Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi is the premier & autonomous institution under Ministry of Ayush, committed for promotion and propagation of Ayurveda as nodal agency for various training in Ayurveda.

About the Programme

This program is designed to reconnect students with the clinical essence of Charak Samhita, the foundation of Ayurveda. Participants will receive hands-on training from expert Gurus, learning to apply Charak-based diagnosis and treatment in real-life settings. The course also offers experiential learning in Ayurvedic lifestyle (dinacharya), identification of medicinal plants, simple formulation preparation, and practical application of Ekal Dravya Chikitsa and Nutraceutical recipes from the text. Through this, students will not only understand but also live the teachings of Charak Samhita.

Objectives

- Focus on clinical understanding of Charak Samhita
- Learn to study and teach the Samhita effectively
- Improve skills in Ayurvedic daily regimen (Dinacharya)
- 7-8 hours daily of Samhita Adhyayan with expert faculty
- Open discussions to clarify doubts and misconceptions

All the trainees will be awarded with NCISM Credit points

HOW TO APPLY :

Scan the QR Code & fill the Application Form
 Google Form: - <https://forms.gle/a5pQCESITz9CVMYJ8>

Who Can Participate?

- BAMS Scholars
- M.D./M.S. Scholars of Ayurveda
- Teaching Faculties of Ayurveda

Selection Criteria:

Registration will be on first come first serve basis. Preference will be given to those who did not attend Charakayatan event before. The decision of RAV will be final.



- *Note**
- All the registered participants shall be provided modest accommodation & food (Breakfast, Lunch & Dinner).
 - **"Issuance of the Participation Certificate is subject to compulsory attendance for the entire duration of the programme."**
 - **No TA/DA will be provided to the participants**
 - Registration will open from 12th September to 12th October 2025, only selected candidates will be mailed for payment of fees of Rs. 2000/- + 360/- GST (Rs. 2360/-) per participant.
 - Selected Candidates has to submit copy of transaction details along with copy of College ID & Adhaar ID by email to ravcharakayatan@gmail.com upto 20th October 2025 by 5:00 pm.

For more information, Please Contact : Dr. Riya Goyal- 7206407772, Email I.D.- ravcharakayatan@gmail.com