



International Gita Mahotsav

Kurukshetra, the sacred land of the Bhagavad Gita, hosts the International Gita Mahotsav every year to celebrate the timeless wisdom delivered by Lord Krishna on this very soil. This global festival brings together scholars, spiritual leaders, cultural performers, and devotees from across the world to honor the Gita through discourses, exhibitions, yajnas, and vibrant cultural events. The Mahotsav highlights the universal relevance of the Gita's teachings—promoting peace, harmony, duty, and self-realization. It also showcases the cultural, historical, and spiritual heritage of Kurukshetra on an international stage. Aligning with this spirit, our seminar seeks to explore the Gita's profound insights in the context of holistic health and wellbeing. Thus, the event becomes a meaningful academic contribution to this annual celebration of timeless knowledge.

Dates of International Geeta Mahostav
15th November 2025 to 5th December 2025

Other Attractions Of The City



Brahma Sarovar



Jyotisar



Shri Krishna Museum



Bhadrakali Temple

Organising Committee & Contact Information

Organising Chairperson
Prof. (Dr.) Ashish Mehta
Principal IAS&R Kurukshetra

Organising Secretary
Prof. (Dr.) Deepti Parashar
IAS&R Kurukshetra

Advisory Board

- Registrar, SKAU-Prof. (Dr.) Bijender Singh Tomar
- Prof. (Dr.) Seema
- Prof. (Dr.) Vidushi Tyagi
- Dr. Neha Lamba
- Dr. Anamika

Detail of Registration

Last day of registration is November 25, 2025.
Certificates of participation will be provided only to students who submit the given Google form using QR given below



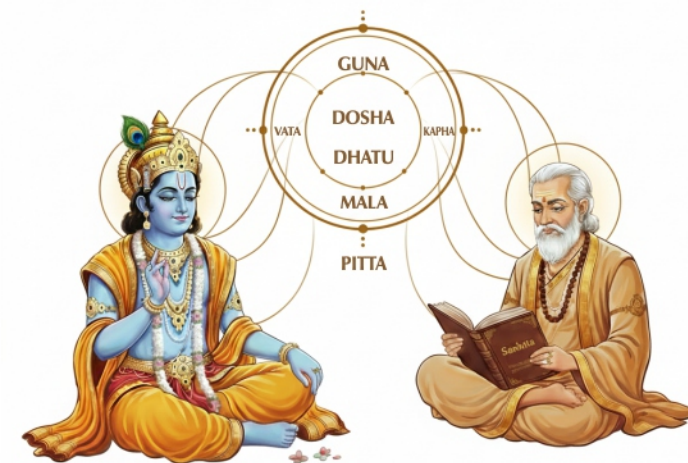
<https://docs.google.com/forms/d/e/1FAIpQLSdhJidS8FnyulJnWrpQVSCNBk7Cf6GsW0z2oZxKJwJ5WstESw/viewform?usp=dialog>

Contact Us

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healthingita@gmail.com

NATIONAL SEMINAR on The Bhagavad Gita Paradigm: A Holistic Approach for Health Challenges

Integrating Eternal Wisdom with Health Sciences



02 December, 2025

Venue:

Institute for Ayurved Studies & Research
Shri Krishna AYUSH University, Kurukshetra



ABOUT SHRI KRISHNA AYUSH UNIVERSITY, KURUKSHETRA

Shri Krishna AYUSH University, established by the Government of Haryana, as a University vide act no. 25 of 2017 and is the first of its kind in the world, integrating all AYUSH systems under one academic umbrella. It aims to promote excellence in education, research, and healthcare delivery through Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homeopathy. The University envisions bridging traditional knowledge with modern scientific understanding for holistic health and global well-being.

ABOUT THE INSTITUTE FOR AYURVED STUDIES AND RESEARCH

The Institute for Ayurved Studies and Research (IAS&R) is a dedicated center for advancing Ayurvedic wisdom through contemporary scientific exploration & is one of the oldest Ayurvedic colleges in Haryana which was established in 1972. The institute promotes evidence-based research, encourages various interdisciplinary collaborations, and fosters a deep understanding of Ayurvedic philosophy aligned with modern medical paradigms.

" युक्ताहारविहारस्य युक्तचेष्टस्य कर्मसु ।
युक्तस्वप्नावबोधस्य योगो भवति दुःखहा ॥ "

श्रीमद्भगवद्गीता (अध्याय ६, श्लोक १७)



Blessings of
Param Pujaya
Mahamandaleshwar
Gita Manishi Swami
Shri Swami Gyananand
Ji Maharaj



**Chief Guest &
Resource Person**
Prof. (Dr.) Vedprakash Mishra
Pro Chancellor
DMIHER, Wardha



Presided by
Prof. Vd. Kartar Singh Dhiman
Hon'ble Vice Chancellor,
SKAU, Kurukshetra



**Guest of Honor
& Resource Person**
Prof. (Dr.) B.B. Agarwal
Senior Surgeon,
Sir Ganga Ram Hospital
New Delhi

Concept Note

This seminar explores the timeless wisdom of the Bhagavad Gita through the lens of holistic health and Ayurvedic principles. By integrating concepts of mind-body balance with the framework of guna, dosha, dhatu, and mala, the event aims to highlight practical health learnings for modern life. It seeks to bridge scriptural insight with contemporary wellness needs, offering a comprehensive understanding of resilience, harmony, and disease prevention. The discussions will illuminate how ancient philosophical teachings can guide daily lifestyle choices for sustained wellbeing.

Call for Papers

Academicians, research scholars and students are invited to submit abstracts aligned with the seminar theme.

Abstract Guidelines:

- Word Limit : 250 words
- Font : Times New Roman / 12 pt / 1.5 spacing
- Submission Deadline : 25th November 2025
- Submit to : healthingita@gmail.com

Registration Details

Category	UG Student	MD/MS Scholar	Faculty & Ph.D.
Fee	Rs. 200/-	Rs. 500/-	Rs. 500/-

Payment Mode:

ACC NAME : REGISTRAR, SHRI KRISHNA AYUSH UNIVERSITY, KURUKSHETRA
BANK NAME : AXIS BANK | ACCOUNT TYPE : SAVINGS
ACCOUNT NUMBER : 920010014216529
IFSC CODE : UTIB0003719
BRANCH NAME: VILLAGE RATGAL, PIPLI ROAD
KURUKSHETRA