



NATIONAL SEMINAR ON AYURVEDIC MANAGEMENT OF NEUROLOGICAL DISORDERS



Sunday, 1st February 2026

(Poster and Paper competition will be held on Saturday, 31st January 2026)

Venue – Tilak Ayurved Mahavidyalaya

583/2, Rasta Peth, Pune, Maharashtra, India - 411011

Organized by

Rashtriya Shikshan Mandal's

**Center for Postgraduate Studies and Research in Ayurved of
Tilak Ayurved Mahavidyalaya, Pune**

Office Address

583/2, Rasta Peth, Pune - 411011 Maharashtra, Phone No - 020 - 26336755

**NATIONAL SEMINAR ON
AYURVEDIC MANAGEMENT OF NEUROLOGICAL DISORDERS
SUNDAY, 1ST FEBRUARY 2026**

**वायुरायुर्बलं वायुर्वायुर्धाता शरीरिणाम्।
वायुर्विश्वमिदं सर्वं प्रभुर्वायुश्च कीर्तितः॥
(Charakasamhita Chikitsasthana Chapter 28/3)**

In Ayurved, neurological disorders are primarily understood as **Vata dosha imbalances** (known as *Vatavyadhi*), as Vata is the vital energy that governs all movement, nerve impulses, and communication within the body. An imbalance can result from depletion of nervous tissue (*Dhatu Kshaya*) or obstruction of bodily channels (*Margavarana*).

Many chronic and degenerative neurological conditions result from the depletion of **Majja Dhatu**. Treatment aims to restore *doshic* balance through personalized plans that may include: *Shodhan* and *Shamana Chikitsa*. Specific herbs are used to support brain health and nerve regeneration, to strengthen nerves, reduce stress, improve cognitive function, as neuroprotective, memory-enhancer etc. viz. **Ashwagandha** (*Withania somnifera*), Shatavari (*Asparagus racemosus*), **Brahmi** (*Bacopa monnieri*), **Kapikacchu** (*Mucuna pruriens*) etc.

Neurological disorders are conditions affecting the brain, spinal cord, and nerves, impacting functions like movement, sensation, memory, and consciousness, with common examples including Alzheimer's, Parkinson's, Stroke, Epilepsy, Migraines, MS, and infections like Meningitis, stemming from genetic, traumatic, infectious, autoimmune, or degenerative causes, requiring medical diagnosis and treatment

We, **invite** interns, postgraduate and PhD scholars, teachers and practitioners to attend the seminar by participating in the discussions on application of Ayurvedic principles for the diagnosis and treatment of Neurological Disorders.

Prof. Dr. Mihir Hajarnavis

Prof. Dr. Vinaya Dixit

Programme Directors

Prof. Dr. B. K. Bhagwat
President, R.S.M., Pune

Prof. Dr. D.P Puranik
Director, C.P.G.S.& R.A.

Prof. Dr. Saroj Patil
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Prof. Dr. Abhay Inamdar
Jt. Director, C.P.G.S.& R.A.

Prof. Dr. Sangeeta Salvi
Vice Principal, C.P.G.S.&R.A.

National Seminar on Ayurvedic Management of Neurological Disorders

Sunday, 1st February 2026, Venue: N.I.M.A. Auditorium, T. A. M. V. Pune

Seminar Schedule

Breakfast and Registration		8 am to 9.30 am
Keynote Address : Topic: Understanding of Avarana Vata in relation to Neurological Disorders with Clinical Experiences Speaker: Hon. Prof. Vd. S.N. Gupta, Ayurvedic Physician, Nadiad, Gujrat		9.30 am to 10.30 am
Inaugural Session : Chief Guest : Hon. Prof. Dr. Shivenarain N. Gupta, Vice Chancellor, MAM University, Nadiad, Gujrat President : Hon. Prof. Dr. Bhalchandra K. Bhagwat, President - Rashtriya Shikshan Mandal, Pune		10.45 am to 11.30 am
Session I : Charaka Session Topic : Clinical Keraliya Marma Chikitsa approach and Experience in treatment of Neurological conditions - A Marmascope view Speaker : Hon. Vd. Sreevaths N V, Ayurvedic Consultant, RAV-Guru, Palakkad, Kerala		11.30 am to 1.00 pm
Lunch		1.00 pm to 2.00 pm
Session II : Vagbhata Session : Topic : Ayurvedic Management of Lumbar Canal Stenosis Speaker : Hon. Prof. Vd. Sunil Inamdar, Ayurvedic Consultant, Kolhapur		2.00 pm to 3.00 pm
Session III : Sushruta Session Topic : Shamana Chikitsa in Neurological Disorders Speaker : Hon. Vd. Mahesh Thakur, Ayurvedic Consultant, Dombivli		3.00 pm to 4.00 pm
Tea		
Session IV : Sharangdhara Session Topic : Sponsored Sessions		4.00 pm to 5.00 pm
Valedictory & Prize Distribution Function		5.00 pm to 5.30 pm

Contact : Programme Directors

Dr. Vinaya Dixit
9422516845

Dr. Mihir Hajarnavis
9422331060

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Venue: N.I.M.A. Auditorium, T.A.M.V., Pune

Payment Link



Registration Fee Details :

- Registration Fee (For Students) : Rs.800/-
- Participation fees (for Poster & or Paper Presentation with Registration): Rs. 1000/-
- Registration Fees (for Ph.D Scholars, Teachers, Practitioners) : Rs.1000/-

For Payments : Cheque should be drawn in favour of

C.P.G.S.&R.A.PhD and Others and posted to CPGS&RA,

Tilak Ayurved Mahavidyalaya, 583/2, Rasta Peth, Pune -411011.

Email : cpgsra12@gmail.com

Registration Form



Payment details through QR code & Registration Link : NEFT or RTGS Transfer Details :

- **A/c Name : Center for Postgraduate Studies and Research in Ayurveda -PhD & Others**
- **Bank Name : Canara Bank, Rasta Peth, Pune - 411011**
- **A/c No. 53312010099902 IFSC Code: CNRB005331 MICR Code: 411015059**

We Welcome Event sponsorships as

Tea with Breakfast -	Rs. 20000/-	Lunch -	Rs. 75000/-
High Tea ----	Rs. 10000/-	Tea Break (Short) -	Rs. 5000/-
Tariff for Stalls and Banners at Venue :			
Stall –			Rs. 10000/-
Banners and Flex -			Rs. 3000/-
Samples/Leaflet Insertion in Kit -			Rs. 3000/-
Audio Visual Presentation - Sponsored Lectures			Rs. 20000/-

Note: Poster and Paper competition will be held on Saturday, 31st January 2026 10 am to 2 pm

Prizes will be distributed in the Seminar on 1st February 2026

Rules for Poster: Prepare a Flex Size 3 x 4 feet, Poster Images: PDF/JPEG to the email provided after registration, Bring Flex for display on 31st January 10 am or 1st February 8 am submitted Flex will be preserved at Tilak Ayurved Mahavidyalaya, Pune

Rules for Paper Presentation : Paper Should be presented orally in PPT format, Time: 8 + 2 min

Language: English, Decision of the Juries will be Final,

Last Date to submit Papers - 20/1/26

For Paper & Poster Presentations (Font Times New Roman 12 Size)

Theme for Paper and Poster Presentation: Concept to Clinical Ayurvedic Management of Neurological Disorders (Sharira, Nidana, Chikitsa -Shamana, Shodhana, Ahara, Yoga,)
Research Papers should be in IMRAD Format



About C.P.G.S. & R.A. Center for Postgraduate Studies and Research in Ayurved offers M.D. and M.S postgraduate courses approved by National Commission for Indian Systems of Medicine, New Delhi (N.C.I.S.M) and affiliated to Maharashtra University of Health Sciences, Nashik in 14 specialties. Total 57 seats in 14 specialties are sanctioned every year by N.C.I. S. M. The center also conducts PhD (Doctor of Philosophy) courses in 14 disciplines of Ayurved affiliated to Maharashtra University of Health Sciences, Nashik. The competency based curriculum designed for Pre M.D/M.S Research Methodology & Bio Statistics (I Semester) and Subject related Applied Basics (II Semester) and Final M.D/M.S (3rd to 6th Semester) are effectively conducted by the center.