

PGDEMS – After BAMS

1. Course Basics

- Full form: **Post Graduate Diploma in Emergency Medical Services (PGDEMS)**
 - Conducted by: **Symbiosis Institute of Health Sciences (SIHS), Pune**
 - Duration: **1 year (Classroom + Clinical training)**
 - Mode: Full-time with **hospital-based emergency exposure**
 - Centers: Pune, Nashik, Nagpur, Noida, Nanded (varies by batch)
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2. Eligibility

- MBBS, BAMS, BHMS, BDS, BSc Nursing (varies by intake)
 - Final-year appearing candidates can also apply (provisional)
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3. Course Content

- Basic Life Support (BLS)
 - Advanced Cardiac Life Support (ACLS)
 - Trauma management (ATLS concepts)
 - Airway management (intubation basics)
 - ICU basics and ventilator understanding
 - Emergency pharmacology
 - Disaster management
 - Ambulance and pre-hospital care
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4. Practical Exposure

- Emergency department postings
 - ICU rotations
 - Ambulance duty
 - Hands-on:
 - IV line
 - CPR
 - Basic airway management
 - Exposure depends on **hospital tie-up quality**
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5. After PGDEMS – What Changes

Positive Changes

- Better **confidence in emergency handling**
- Exposure to **real clinical acute cases**
- Improves **decision-making in critical care**
- Helpful for:
 - ICU duty
 - Casualty duty
 - Emergency setup

Limitations

- Not equal to **MD Emergency Medicine**
- Skill level depends on **your involvement and practice**
- No legal expansion beyond your base degree (BAMS)

6. Job Opportunities

Roles Available

- Emergency Medical Officer
- Casualty Duty Doctor
- ICU Assistant Doctor
- Ambulance/EMS doctor

Salary Range (approx)

- 20,000 – 50,000 per month (initial)
- Can increase with experience

7. State-wise Scope -

Maharashtra

- Best scope
- Symbiosis network strong
- EMS jobs, ICU roles available
- Private hospitals accept PGDEMS

Gujarat

- Moderate scope
- Emergency roles available

Delhi / NCR

- Moderate scope
- Depends on hospital

Karnataka

- Limited recognition
- Fewer PGDEMS-specific jobs

Tamil Nadu

- Limited scope
- Preference given to MBBS

Other States

- Variable
- Mostly depends on hospital policy

8. Is PGDEMS Worth After BAMS?

Worth it if:

- You want **emergency exposure**
- You plan to work in **ICU / casualty**
- You are in or planning **Maharashtra**
- You want **hands-on learning**

Not worth if:

- You expect:
 - Degree upgrade like MD
 - High salary immediately
 - Legal scope expansion
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- PGDEMS = **Skill-based course, not degree upgrade**
 - Your growth depends on:
 - Your clinical practice
 - Hospital exposure
 - Personal effort
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10. Final Practical Advice

- Choose **center with best hospital exposure**
 - Focus on **skills, not certificate**
 - Combine with:
 - ICU experience
 - Emergency duty
 - Think long-term (3–5 years skill building)
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PGDEMS is useful for **clinical skill enhancement in emergency care**, especially in Maharashtra, but it is **not a major career-transforming degree on its own.....**

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