

Introduction

Health policy refers what leads to decisions, plans, and actions that are undertaken to achieve specific health care goals within a Country/State. An explicit health policy can achieve several things. It defines a vision for the future which in turn helps to establish targets and points of reference for the short and medium term. It outlines priorities and the expected roles of different groups; and it builds consensus and informs people. In other words, it is a 'statement of intent' made by the Country /State for its population to address their health needs. In order to realize the various goals stated in the policy, the Government plans various programmes/ projects by adopting appropriate strategies to implement across the country. Thus, it is important that health policy should be a living document which can be amended with the changing health needs of the population from time to time.

Government of India formulated for the first time the National Health Policy in 1983. Earlier, planning was made on the basis of recommendations of the various committee reports from Bhore Committee (1946) to the ICMR and ICSSR Report on 'Health for All– An Alternative Strategy' (1980). When it comes to policy, it is important to note that health policy should not be static but change according to the needs of the time as engendered by the ever changing environment, medical invention, emergence of new diseases, etc.

In view of above, the Government revised its health policy in 2017. Based on overall policy framework, NRHM came into being in 2005 and subsequently NHM was implemented in 2013. The achievement of the goals is largely dependant on how the programme and strategies are planned, implemented, monitored and evaluated; and how the M&E results influence changes. Therefore, there is a need to develop capacity among policy makers and administrators at various levels to design informed health policies and implemented effectively for State/ population groups, health problems & issues, etc., and review from time to time.

In this context, NIHFWS is organizing an orientation training to improve the skills of officials working at State health departments, health institutions, etc., who are involved in policy and planning.

General Objective

To enhance the knowledge and competency of the participants for the identification of critical issues in health policy, planning and financing in context of National Health Programmes including NHM.

Specific Objectives

At the end of the course, the participants would be able to:

1. Describe overview of new initiatives, issues and challenges including Sustainable Development Goals (SDGs)
2. Describe concepts and issues related to health policy, planning and financing
3. Analyze process of policy, planning, financing and implementation in context of National Health Programmes including NHM.
4. Explain strategies for inter-sectoral convergence/ coordination in context of decentralized planning in the health system.
5. Describe various mechanisms for health financing and budgeting
6. Describe the process of tracking of project implementation including budgeting.
7. Describe new initiatives, issues and challenges including Ayushman Bharat.
8. Make presentation on state specific innovations, issues and challenges

Course Contents

- Overview of new initiatives, issues and challenges financing in National Health Programmes including NHM.
- Basic Concept and Terminologies used in Health Policy, Planning and Financing in context of National Health Programmes including NHM.

- Concept and Strategies of Decentralized Planning including Micro-planning in context of National Health Programmes including NHM.
- Inter-sectoral Convergence/Coordination in Context of Decentralized Planning Concepts and Techniques in Costing, Financing and Budgeting in context of National Health Programmes including NHM.
- Financial guidelines for preparation and implementation and tracking of expenditure
- Various scheme under Direct Benefit Transfer (DBT) Management

Methodology

Lecture discussions, case studies, exercises, group work, presentation by participants, etc.

Number

25–30 participants

Nature of Participants

State Planning Department Officers, State NHM/ Programme Officers, Officials of PMU, Medical Colleges, SIHFWS, PRCs, etc.

Training Outcome

The orientation training will be helpful to better understand the concepts and techniques involved in policy, planning and financing and will enhance the competence of state level health officials. The state Master Trainers will conduct the similar training at State/District Levels.

Road Map for Future

Trained state health officials would be helped in developing similar courses in their States/Organizations for capacity building.

Remarks

The nominated officials may bring state specific policies, plans and schemes for discussion in the Training.

**“Failing to plan
is
Planning to fail”**



About the Institute

The National Institute of Health and Family Welfare (NIHFW) is a premier autonomous Institute under the aegis of Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health human resource development in the country.

NIHFW serves as an apex 'technical institute' as well as a 'think tank' to promote health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialized projects, etc.

Location of the Institute

It is situated in South Delhi, near Jawaharlal Nehru University and adjacent to Munirka DDA Flats. It is easily accessible from both Indira Gandhi International Airport and the New Delhi Railway Station, approximately 7 kms. and 15 kms. of distance, respectively. Pre-paid taxis/auto-rikshaws are available. New Metro station nearby is Murinka.

Course Coordinating Team

Course Coordinator : Prof. V.K. Tiwari
Course Co-coordinators : Dr. Ramesh Chand
Dr. Vandana Bhattacharya
Course Associate : Dr. Sherin Raj T.P

Venue

Teaching Block
National Institute of Health & Family Welfare
Munirka, New Delhi 110067.

Course Fee

There is a course fee of Rs 5000/- per participant. Online transfer/DD in favour of Director, NIHFW, New Delhi will be accepted. TA /DA /other expenses have to be borne by the participant/sponsoring organisation.

Accommodation

Moderate boarding and lodging facilities at nominal rates would be provided to the participants only, within the Institute's Campus. Hostel email is hostel@nihfw.org and reception phone number are 011-26165959, 26166441-ext-154

Weather

Weather in August will be hot and humid. (Temperature varies from 27°C to 34°C)

Last Date for Receiving Nominations

24th July, 2026

Participants are requested to make travel plans on receipt of confirmation for participation from NIHFW.

Further Correspondence may be addressed to :

Prof. V. K. Tiwari
Course Coordinator

Dean & Head, Department of Planning and Evaluation
National Institute of Health and Family Welfare
Munirka, New Delhi-110 067

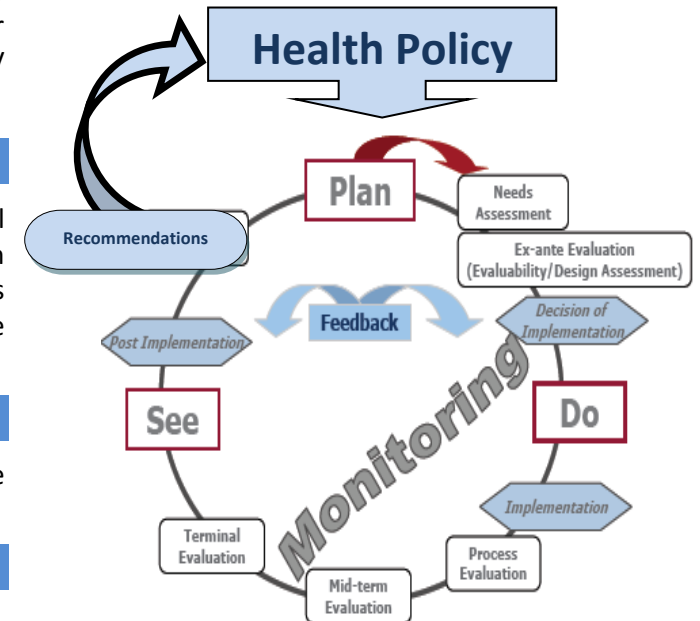
E.mails: vktiwari@nihfw.org & rgandotra@nihfw.org
Phones: 26165959/ 26166441/ 26188485/ 26107773

Fax: 91-11-26101623

Web Site: www.nihfw.org

Orientation Training on Health Policy, Planning & Financing in context of National Health Programmes including NHM

3rd - 7th August 2026



Department of Planning and Evaluation
The National Institute of Health & Family Welfare
Munirka, New Delhi 110 067

Link for [Registration](#)