

File No. MDNIY-TCH023/6/2026- TEACH/ (Part-I) E-1950

Dated: 1./10/2026

CIRCULAR

CME FOR YOGA THERAPISTS/YOGA INSTRUCTORS
(23rd – 28th November 2026 - 06 days)

Sponsored by: Ministry of Ayush, New Delhi
Coordinated by: Rashtriya Ayurveda Vidyapeeth (RAV)

To,

The Director / Principal / Dean
All Ayush- Institutions / Universities / Colleges / Research Organizations

Subject: Inviting Applications for 6 days CME for Yoga Therapists/Yoga Instructors – Reg.

Dear Sir / Madam,

With reference to the subject cited above, it is our pleasure to inform you that Morarji Desai National Institute of Yoga, (MDNIY), Ministry of Ayush, New Delhi is going to organize a 6 days CME programme. This CME is sponsored by Ministry of Ayush & Coordinated by Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi. I request you to kindly depute one Yoga Therapist / Yoga Instructor from your Institute / Organization / University for this purpose. The number of trainees are limited to Thirty.

Please fill the application through online on or before 12/10/2026, and send the hard copy (printed online filled application) along with documents on or before 19/10/2026 to **The Director, Morarji Desai National Institute of Yoga, 68, Ashok Road, Near Gole Dak Khana, New Delhi – 110001.**

The details of CME are annexed herewith and also available on MDNIY website: www.yogamdniy.nic.in.


(Dr. Jyoti Keswani)
Director

मोरारजी देसाई राष्ट्रीय योग संस्थान
Morarji Desai National Institute of Yoga
आयुष मंत्रालय, भारत सरकार
Ministry of Ayush, Govt. of India
68, अशोक मार्ग नई दिल्ली-110001
68, Ashok Road, New Delhi-110001





Morarji Desai National Institute of Yoga

Ministry of Ayush, Government of India

68, Ashok Road, New Delhi 110001

Organizing

Continuing Medical Education

for

(CME)

Yoga Therapists / Yoga Instructors

23rd – 28th November 2026 (06 days)

Sponsored by

Ministry of Ayush, Govt. of India

Coordinated by

Rashtriya Ayurveda Vidyapeeth (RAV)

Important Dates

Starting date to apply online

01/10/2026

Closing date to apply online

12/10/2026
(up to 11.59pm)

Closing date for receipt of hard copy of
application along with required documents

19/10/2026
(up to 05.30pm)

Selected participants will be informed by email as well as MDNIY

Website: www.yogamdniy.nic.in

About MDNIY

Morarji Desai National Institute of Yoga, (MDNIY) is an autonomous organization under Ministry of Ayush, Government of India. MDNIY was established to act as a Centre of Excellence in the field of Yoga. As the demand for the system of Yoga is increasing rapidly at the global level, the Institute is striving hard to fulfil the current need and demand of the people from every corner. The Aim of the Institute is to promote deeper understanding of Yoga philosophy and practices based on ancient Yoga Traditions for holistic health and well-being of all. MDNIY is a focal Institute for Planning, Training, Promotion and Coordination of Yoga Education, Training, Therapy and Research in all its aspects.

The Vision of the Institute is Health, Harmony, and Happiness for all through Yoga. MDNIY conducts M.Sc. (Yoga), B.Sc. (Yoga), and Diploma in Yoga science for graduates of one-year courses. Institute conducts Certificate Courses for Special Interest Group such as Paramilitary Forces and Delhi Police. The Institute also conducts training courses viz. Foundation, Certificate Courses and Advance Yoga Sadhna etc. MDNIY has its own NABH Accredited OPD for therapeutic treatment through yoga. The Institute has been designated as a WHO-Collaborative Centre for Traditional Medicine (Yoga).

The Institute organizes annual International Yoga Fest a curtain raises for International Day of Yoga (IDY), to popularize, promote and educate Yoga to more peoples. MDNIY also plays a pivotal role in International Day Yoga to popularize and promote Yoga among the people.

It is our pleasure to inform you that MDNIY is going to organize a “Continuing Medical Education for Yoga Therapists/Yoga Instructors” from 23rd – 28th November, 2026, We have planned an extensive Philosophical, Scientific and Practical programme with deliberations from eminent speakers from all over India. We hope the CME shall provide a platform to re-energize & re-charge neurons & revitalize academic knowledge of the participants.

Purpose of CME:

- To encourage Yoga Instructors/Therapist to undergo need-based professional orientation and professional skill development in an organized manner.
- To upgrade the professional knowledge of Yoga Instructors/Therapist to adopt effective teaching practices and good clinical practices respectively
- To encourage the use of Information Technology and web – based educational programmes for widespread dissemination of Yoga among professional.
- To provide information to Yoga instructors/therapist regarding scientific journals recently published books to keep them professionally updated.

Topics to be covered in this CME:

- Textual knowledge of Yoga
- Yogic practices and Wellness
- Therapeutic aspects of Yoga practices
- Recent scientific research trends in Yoga
- Teaching methods in Yoga

Who can attend the CME (Eligibility)?

- Qualified Yoga Instructors / Yoga therapists / Paramedics (in field of Yoga), working in Ayush institutions/ hospitals/ dispensaries recognized by the Ministry of Ayush and having minimum 3 years of experience on regular basis are eligible for CME.
- Qualified Yoga Instructors / Yoga therapists working in universities, colleges and institutes recognized by the UGC and having minimum 3 years of experience on regular basis are eligible for CME.
- Preference will be given to who have attended a lesser number of CME.
- Selection will be on the basis of seniority (Experience) in service.

Procedure of selection:

- Selection of participants / trainees as per Guidelines of RAV CME Scheme.
- Maximum 30 (Thirty) trainees are allowed.

Facilities for the selected applicants:

- Travel expenses (by Train only), will be provided to applicants (as per the Ayush – CME Guidelines).
- Fare will be reimbursed only at the end of the programme and subject to eligibility limited maximum up to 3 Tier A.C.
- Boarding and Lodging will be provided by the MDNIY.
- Production of ORIGINAL TICKETS are mandatory for reimbursement.
- Please note that TATKAL or DYNAMIC PRICING train tickets will not be reimbursed.
- Arrangements for accommodation, food will be provided by the Institute during the CME period.
- Payments / reimbursement will be made directly to the bank account by electronic transfer.

Attendance and Participation certificate:

- Full attendance is mandatory for obtaining participation certificate.
- Certificates will be issued at the end of the CME.

Registration: Online registration will close on **12/10/2026**, 11.59pm.

Steps to Registration:

1. Download the Endorsement format from link and get sign / approval from your officer / senior:
<https://drive.google.com/file/d/1hRKs5Qc8OSKoebnFPyzuuNfZH3lIDbe/view>
2. Click the registration form and fill the application and upload all required documents: <https://forms.gle/nMDChPq8AgecktK8A>
3. Take printout of Google form response received in your registered mail and kindly enclosed your all uploaded documents with self-attested.
4. The Application should be countersigned and duly certified by the Head of the Institution/Controlling authority to the effect that the candidate in the concerned department and that he/she has not attended more than two such programs during the current financial year.
5. The Application (Google form response) must mention "Application for 06 days CME on Yoga Therapists/Yoga Instructors" on top of the envelope and it should reach by speed post to following address on or before **19.10.2026**.

To,
The Director,
Morarji Desai National Institute of Yoga
68, Ashok Road, Near Gole Dak Khana, New Delhi – 110001

- Applications which are incomplete and received after due date will not be considered.

Kind Attention:

- Kindly note that your application is not a confirmation of your registration. If you get selected, the Institute will send you a confirmation email regarding your registration. Accordingly, you are advised to book your tickets etc.
- The competent authority reserves the right to reject the application at any stage if any information furnished by the applicant is found to be incorrect, incomplete, misleading, or inconsistent with the supporting documents.

For more details, please contact:

Coordinator:

- Dr. Indu Sharma Assistant Professor (Yoga Education):- (011) 23721472 -Extn: 116

Co-coordinators:

- Dr. Khushbu Jain, Assistant Professor (Biochemistry):- (011) 23721472 -Extn: 144
- Dr. Shubham Kirar Suryawanshi, Assistant Professor (Human Consciousness) (011) 23721472 -Extn: 221

Email: cmemdniy@gmail.com

For more details, please Visit the Institute **website:** www.yogamdniy.nic.in.